MANAGEMENT AND CONTROL OF THE CHILDREN IN SOCIAL NETWORKS

SANAZ HAJI POUR

MSc of IT engineering, Islamic Azad University, Shushtar Branch, Shushtar , Iran

Abstract- Which is correct? Social or anti-social networks? Our children spend many hours a day browsing their personal pages on social networks, and not one but several different networks and multiple ones. This can have short-term and long-term risks for our children, beside the positive benefits, including converting the child to an alone person, isolated and non-social that is locked up in his room for a long time and is staring to his/her phone, tablet, laptop screens like hypnotized people. In fact, children are the most vulnerable members of social networks, that damages to them can cause severe and possibly irreparable in short-term and long-term. If children's activities on social networks be without parental supervision, is risks associated with. That is why it is better parents, apart from psychological and child-rearing practices, be familiar with the software and hardware management practices and controls of the social networks. Very simple solutions let the parents to manage overt or covert, their beloved children activity in cyber space and social networks and minimize the risks of virtual space for their children.

Keywords- Social networking, cyber space, children,

I. INTRODUCTION

Nowadays, social networks become an important and popular phenomenon between all peoples with all range of ages, and also children and teenagers are involved. There are a lot of children in association with their classmates, create some groups in social networks such as Telegram, What's app or Line, and even footprint of younger users can be observed in greater social networks such as Instagram or Facebook. However, presence in different social networks is inevitable in the current century, but it has a lot of problems for users despite its advantages with mane consequences for all ages and demographics, especially in children and teenagers. Now, they have a powerful trend to social network, should they be prevented? Absolutely not, because children prohibition has negative effects on them, and also encourages them to use social networks more than before. Therefore, parents playing an important role in safe presence of children in social networks, that how teach them the correct way of using this network with management and planning and no prohibition in children activities.

II. SOCIAL NETWORK CRITERIA

Facebook, Instagram, and Twitter are the most popular social networks, and they don't allow persons less than 13 years to create personal pages according to children online privacy protection law, while some US companies received exact information of children less than 13 years from government agencies to make impossible children presence in these networks. Meanwhile, some children with / without parental permission declare their age falsely, to join the social networks. In this position, parent's role is more important for any other situations to investigate their children presence or absence in social networks besides monitoring of children behavior. Researchers believe, allow children to presence in social networks implicitly, as you buy a smart phone for them. Therefore, there is a way for children to join these networks, even if Facebook or twitter mail stricter rules in this field. Of course, it should be noted these dangers are not for children only.

When your children can be the presence in social networks legally, it is better to explain them about the consequences of improper activities in these networks instead of secretly monitoring and use of control tools. This is a good thing for parents to have closer relationship to their children, and teach the correct way of presence in social networks friendly.

Anyway, it should be noted that one in five children or more precisely 22% of children log in their social networks accounts 10 times a day, and 75% of children have personal smart phone. Among all children who manage their daily communications with smart phone, 54% have active presence on social networks, and also 25% use online messaging tools. Researchers believe the age average of children for presence in social networks is 11 years and of course 20% of children less than 20 years joined to these sites. Among the children with a personal account in Facebook, 49% allocate an hour a day to this network and 40% tour on Facebook one to a couple of hours daily. These children use social networks with different purposes; 85% of them talk with their classmates, 78% use this network for closer relationship with family members and 70% has close relationship with family friends in social networks. Anyway, member children of social networks use this tool and ignoring this subject lead to various problems.

III. TEACHING CHILDREN TO USE OF SOCIAL NETWORKS

In this regard, the biggest risk in presence of children in social networks is making relationship with

strangers, because these persons may attempt to online extortion, create online harassment, download or opening malicious links with aim of a variety of tricks and disclosure of information by tricking them.
Teach your children to just communicate with persons who know and trust them. Furthermore, teach them disclosure of personal information will lead fraudsters and hackers to obtain all information about your family. Teach them don't open any link or website in social networks. Also, teach them how protect from their password or account details, because children account for hacking is very simple, and sometimes use from other persons account for different purposes and the put on some post on their pages. Teach them to use the exit button after using social networks, and don't stay in the log in state. In addition to all the above notes, teach the children when they have any problem in social networks, or they threated, share the problems with you or a trustworthy adult.

IV. ACTIVE PARTICIPATION OF CHILDREN AND TEENAGERS IN SOCIAL NETWORKS

Despite age restrictions, children and teenagers register in social networks by selecting higher age, thus they log into a world which even adults have not life experience on that earlier. Physical disorders such as overweight, lack of movement, poor vision and early puberty besides numerous psychological consequences such as violence, laziness, isolation, being abused and … are some social network effect on children's life.
Among the parent's negligence, children log in to the cyberspace with childlike innocence, most children don't know anything about abuses in this environment and don't think other people is not a friend and even might be a criminal. Children share simply their personally identifiable information such as address, telephone number, account number, and other information, which encourage criminals to various abuses from children. Children and teenagers are the most vulnerable age group against cyber harassment. The so-called cyberbulling refers to abuse from communication technologies such as the internet to harm peoples. These harassments have irreparable effects for peoples like suicide. Threating messages sending, rumors, putting personal photos and information, impersonation, account hacking and putting pornographic pictures on it, desecration, insult and humiliate and sexual abuse are some of the cyber bulling with numerous victims among the children and teenagers.

V. PROTECTION WAYS OF CHILDREN IN SOCIAL NETWORKS

If your child is active in social networks, talk with him / her about following questions:
-- Do you know your friends in social networks?
-- Who can see your information and content in social networks?
-- Which kind of information you share in social networks?
-- How is the access level to your profile?
-- Do you know how you can use from a search graph?
-- Do you know how you can use hidden from timeline changes?
-- Do you know how you can inactive your account when needed?
-- Do you limit your page for a friend of your friends?
-- Do you use from suitable antivirus?
It should be noted since 2007, any account doesn't removed in a social network like Facebook, and even the information of persons, which deleted their account still remains, and if a person access to some information such as e-mail, password, and username can join to his / her account again, and all the information is reversible. So, teach the children any place or site with a lot of visitors, is the best place for hackers and fraudsters to use from security holes and inexperienced and careless people with aim of jobbery. Proper and friendly training to children will reduce concerns of presence in social networks.

VI. CONTROL AND MONITOR THE CHILDREN'S ACTIVITIES IN SOCIAL NETWORKS

Children control by parents is necessary for children monitoring, protection and safety, especially in social networks. You don't allow your children to leave the home until you don't know where your children go, commute with whom, what is his / her plan out of the home, or when he / she comes back. Now, fewer online monitoring in online space in comparison with the real world is reasonable?
Social networks become a part of children and teenagers learning method recently. So, our children activities in cyberspace are very important, because sometimes the effect of presence in this space on our children's character is even more than effects of their teachers and schools. Now you may ask, what happens in these networks?
Consider a group of teenagers are going to have a road trip for recreation, togetherness, observe new locations and share their experiences without adult supervision. If your child is a skilled driver and his / her entourages are trusted friends, you can't help as a parent, but you can be concerned about something that will be happened in outside world.
Nowadays, social networks become one of the most common ways for children and teenagers to keep in touch with their friends, expand their friendships and develop their social skills. Unfortunately, cyberspace is a suitable space for cyber criminals, thieves of information and other abusers of this environment, and usually, these fraudsters attempt to trap or harm children and teenagers or their families with abuse of

children and teenager's simplicity. In addition, this technology leads to reducing people emotions to each other, on the other hand, face to face contact between people reduces further, and photo's disclosure increased in this space.
Furthermore, these networks can be a dangerous place for playing with our children, of course we can be aware them about these dangers with proper supervision over their activities in these kinds of networks.

VII. PARENTS AND CHILDREN MANAGEMENT IN SOCIAL NETWORKS

Parents can manage their children in social networks with various methods; one of these methods is training. Parents should warn their children about these networks hazards, speak with them and apprise them about different affairs before they log into social networks. Furthermore, they can have perfect management on their children activities in this field by using surveillance software, which exists on all the operating systems. Children management and control is possible if parents update their information about social networks. So, our main offer to children and teenagers parent is training and gaining information about these networks and the internet.

VIII. MODELING OF USAGE FROM SOCIAL NETWORKS FOR CHILDREN

Modeling is another method on correct usage of social networks for children. Surely, the basic models of children are their family and friends group. So, family members should show a suitable pattern of social network's usage to their children. If some parents have incorrect and excessive use of social networks, then they can't teach the correct use of these networks to their children certainly.

IX. TEACHING THE CORRECT USE OF SOCIAL NETWORKS IN SCHOOLS

Schools are one of the main pillars of the children and teenager's education like home and family, because their social character forms in school; so, schools and friendships play a vital role in training of children and teenagers. For this reason, correct use of cyberspace and information sharing networks such as social networks should be educated in school, because in the current century the usage culture of technology is very important.
Although, children log into social networks is inevitable, but it is better to propel your children to sport, play, academic and intellectual entertainment instead of cyberspace usage, because there is a lot of time to join the social networks, while other activities would have positive effect on your children's future.

CONCLUSIONS

Nowadays, social networks become one of the main discussion topics between children and teenagers. Prior to this, children should use their parent's computer to log in social networks, so they could not present in these spaces all the time. But these days, children use from their favorite applications to connect with their friends as they are in family. In this situation, parents sit next to their children, but they are unaware of their social activities' details. It can be predicted simply, children communication doesn't limit to their classmates and neighborhood in this space, and persons from other cities, other countries, and even with different age ranges find in each child friends list.

In face to face contact, with consideration of some behaviors, we can imagine a background about the intended person character. However, connection in social networks is without the six senses, and when children join to cyberspace, manages their connection as a same way.
For this reason, children introduce themselves as an unreal character, or start a close relationship of a person with false information. Each of these assumptions, are a threat with irreparable problems. Therefore, subtle control of children in order to correct guidance and management is the only way to prevent irreversible events, because tangible control will be problematic. So first, parents should update their information about cyberspaces, and then with their children's education and guidance in this field guide them to the right direction. Parents should warn their children about social networks hazards before they log into these networks.

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