STUDY MODELHEALTH CARE OF DIABETES MELLITUS (MADHUMEHO) PATIENTS IN THAI TRADITIONAL MEDICINE THEORY

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Abstract - This qualitative research aimed to gather information regarding diabetes from a source of primary data, the Royal Book of Medicine, and to obtain expert opinions on the treatment of the disease. The result is Traditional Thai diabetes believes that. The function of the pitta is the Patta-Pitta(Bile in the pod), which is the system of the liver. Pancreas to create various water. To be used for various purposes by the body. Apatta-Pitta (Bile outside the pods) is the work of another type of water that is spread throughout the body without storage. Kamdaow (Temperature) is a small process that can make the body perform at the most subtle level. Treatment by exercise to stimulate the fire element and stimulate circulation. And adjusting consumption behavior when sputum aggravates, so we should eat fire-rich food is spicy, to nourish the soil and water to not spoil and to promote the energy to drive. Circulation Air, bitter taste, rich in ethereal and wind elements, so should be consumed. In patients with severe symptoms, these bodies should adjust the behavior of consuming bitter foods in order to open the passage of sputum in the body. And the wind element stimulates the energy to flow. It is expected that the findings can help to build on future research and application in clinical medicine.

Keywords - Diabetes mellitus, Madhumeho, Applied Thai Traditional Medicine, Thai Traditional Medicine.

I. INTRODUCTION

Thai Traditional medicine, which is a medical science that has been with Thailand for a long time. Traditional Thai medicine also helps in treating patients with various diseases or conditions by studying the mechanisms of disease, causes, processes, procedures and methods of disease diagnosis, treatment effects and herbal medicines used in the treatment. Maintained by the concept of Thai traditional medicine theory, which has been documented in many texts. This study will also benefit diabetics and the general public in the treatment approach. And prevent disease. It also benefits the academic field of Thai traditional medicine. To be the guide to the development of knowledge in the treatment of diabetes according to the concept of Thai traditional medicine.

Data from the diabetes / high blood pressure and complications in Thailand. And the Institute for Medical Technology Assessment Department of Medical Services. "Global health statistics reporting year 2012 World Health Organization found that one in 10 of the adult diabetes. It is also the key issue of Medicine. Currently, the disease occurs in the present, it is a communicable disease, diabetes(Diabetes Mellitus: DM) is a chronic disease caused by an abnormality in the function of insulin. Or by ad efficiency of the pancreas Make metabolic disorder of carbohydrate metabolism. As a result, blood sugar levels rise too high, the kidneys cannot store glucose is filtered into the urine. This disease is called Diabetes It also resulted in the burning of fat. And protein abnormalities, together with It may be a factor in many elements of diabetes is dietary. Behavioral Health Care Due to genetics Diagnosis of diabetes is to check blood sugar levels. When the fasting blood glucose test. Measured fasting and not less than 10hours, if not more than 100 mg / dL. That trend began sugar high if more than 125 mg / dL. Indicates that diabetics In terms of medical treatment in the current plan. Injection therapy There is only one drug to treat diabetes with insulin and pills are effective in stimulating the beta cells of the pancreas to secrete insulin to control blood sugar levels.

So it is clear that diabetes is an ancient disease that has been documented. Which is of great interest to study. The researcher is interested in Thai traditional medicine, the textbook of knowledge of the experts who are Thai traditional medicine in the field of Thai traditional medicine in the field of diabetes. Nowadays, non-communicable diseases or chronic diseases such as diabetes are all over the world, regardless of the budget. Or revitalize the quality of life of diabetic patients. This study was conducted to study and understand the system of diabetes mellitus according to Thai medical theory as presented in textbooks and experts. This could be an alternative to treating patients. Diseases, causes, processes, procedures and methods for treatment, treatment and herbal medicines used in traditional Thai medicine. Include guidelines and procedures for evaluation of diabetes treatment. This study will also benefit diabetics and the general public in the treatment approach. And prevent disease. It also benefits the academic field of Thai traditional medicine. It is a guide to the development of knowledge in the treatment of diabetes according to the concept of Thai traditional medicine.

II. DETAILS EXPERIMENTAL

Objective

1. To study the presence of the disease / symptoms of diabetes in the country has been saved.
2. To study the principles diabetes medicine.

Benefits are expected to receive.

1. Knowledge of traditional medicine in Thailand to understand the basic concepts of the disease. And diabetes treatment based medicine theory Thailand. The individuals or organizations involved to learn and apply.
2. To be the basis for the development of traditional medicine Thailand. It builds on the knowledge of medical diseases or chronic diseases that are more complete.

Scope of Research

This research study A qualitative study The study documents By analyzing synthetic papers According to theoretical concepts related to diabetes medicine Thailand.

By studying the two forms.

1. Studies of medicine Thailand.
2. Learn from expert interviews medicine Thailand.

Tools used in research

This research The Qualitative Research (Qualitative Research), the nature of the research paper (Documentary Research).

The main tool used in the research is that the researcher.

Tools of this research The research will be prepared research tools used in this research document. This data is from the source, and the data in the data source, then. Researchers will need tools to help in researching this is more complete. The structure of the information we need by tabulating data analysis to monitor various aspects of the content of the information. Data is split into sections.

2.2. Method

Collection of documents

The retention of documents, texts Information and Related Research. How to divide the work into

1.1 documents, medical textbooks related to diabetes Thailand plans to fully and completely as possible.

How to determine expert

It collects information to use in-depth study with interviews (interview) the interview to delve into the issues that the researcher has compiled a body of knowledge as such. Divided as follows:

The depth interviews (in-depth interview) was interviewed key informants (key informant interview), who have knowledge or information on the subject, the researchers are studying or are involved in the details inside. various contents The has been later cited in Thai traditional medicine texts, namely the Dhatuvivarna Scripture and the Chandasastra Scripture. Interviews with three experts in Thai traditional medicine, namely Mrs. Arunwan Hengtrakul, Mr. Sanchai Mekrittikrai, and Mr. Komsan Dinakara Na Ayudhaya.

people who will be interviewed in depth above the order of 1-3, which is a list of qualified and specialized medicine Thailand. Before inviting the group to keep the ticks. The theoretical knowledge diabetes medicine Thailand.

III. RESULTS AND DISCUSSION

RESULTS

The study found that diabetes or a disease or condition that is satisfactory Challenge mode has been found since the modern era. Which appears in the Book Kilimanjaro Manon. The Buddhist scriptures that can be said. The basic theory of medicine Thailand

Diabetes mellitus is a disease / condition in which the sputum persists from a recurrent blockade in the body. Is a disease caused by the balance. Of the relationship between the apocalypse's system. Phantom system of the goddess To lose The use of traditional Thai medicine can be adapted to the development of diabetes. Since there are no symptoms, the symptoms are heavy, the body is heavy, the digestive system is not good bloating. Until the last symptom is kidney disability, circulatory, excretory, dehydration, disability.

Madhumeho / Diabetes is a disease or syndrome that has an etiology. Sputum aggravation to cause drop Or caused by slowness - disability causes sputum recurrence.

The symptoms of the disease are heavy, heavy, lazy, lazy. Degrading appetite is often overwhelming. Sputum (sputum) very Pale skin Pale urine Sweet sensation of the mouth is often shallow breathing.

The cause of sputum. Often eat a sub-sweet, it's sweet, too much water - too cold. Sleep / sleep Eat not often. Not exercising

Treatment of diabetes according to Thai traditional medicine. The examination is that the patient will have severe body fat. It is caused by mucus. The flow of blood and lymph is not good. The sugar into the cell is not complete. Or insufficient insulin to burn blood sugar, so it is a symptom of recurrent sputum. Metabolism is a fire element. At the cellular level, the four limbs are constantly changing. The body is able to turn one fire into another, to replace it. The system is Patta (bile in the pod) with Apatta (bile outside the pods). Is a hormone secreted enzyme co-enzyme cofactor enzyme enzyme) caused by 4 fire department incomplete work. Metabolism is not

complete (like water if it is hot enough to evaporate. The circulation of water in the liquid state is a liquid vapor. At the same time, if the fire is less, it will come back to the water, such as the nature of diabetes.

From history, it is found that patients will come with these symptoms. Is heavy, heavy body weight, less urine, frequent urination, thirst, drinking water, it makes the symptoms worse. The exercise is a stimulus. The treatment of diabetic patients is to smooth the blood and lymph flow to stimulate the fire by exercise. To better burn water, diabetes will slow down.

1. Exercise to stimulate fire. And stimulate circulation.
2. Adjustment of consumption behavior when sputum aggravates, so we should eat fire-rich food is spicy, to nourish the soil and water to not spoil the rot and to promote the power to generate electricity. Circulation Air, bitter taste, rich in ethereal and wind elements, so should be consumed. In patients with severe symptoms, these bodies should adjust the behavior of consuming bitter foods in order to open the passage of sputum in the body. And the wind element stimulates the energy to flow.

This study is an Quasi – Experimental Research one group pre-post test. The main aim of this study are Effectiveness of Thai Royal massage in Myofascial Pain Syndrome ’s Patients in Professional Experience Center Applied Thai Medicine The sample consists of 30 Thai Royal massage in Myofascial Pain Syndrome ’s Patients in Professional Experience Center Applied Thai Medicine. Data collection by interview and measuring flexibility of Myofascial Pain Syndrome ’s before and after receiving Thai Royal massage. Data was analyzed by descriptive statistics and Paired – Samples T – Test. The result indicated that : The level of Myofascial Pain Syndrome ’s after massage was significantly lower than before massage (P–value<0.001), respectively.

CONCLUSIONS

Discussing the findings

Diabetes is a symptom of an imbalance of water and fire. Pitta is less phlegm and recurrent disability caused Iwata was the passage of the neurological disability. Wind is the meaning of the nervous system, it makes the movement less impacted tea. The mucus clogs the shot-stopper to hold more**1.** Diabetes treatment based medicine Thailand. Of the patients have severe muscle weight. The bottleneck is caused by phlegm. The flow of blood and lymph, not age well. Makes imports of sugar into the cells intact. Or the insulin is not enough to metabolize blood sugar, it is a symptom of sputum relapse. Metabolism is Pitta is fire. At the cellular level is at Putnam Methodism Pitta fire and disabled four stacks, which will change each time the body can be transformed into a fire is lit and another company to replace it all. The system is Putnam Methodism (water in pod) with Putnam Methodism (bile outer sheath. The secretion of hormones, enzymes, co-enzymes, cofactors, metabolic enzymes) caused by fire four squadrons work incomplete. Do not burn completely (as if the water is hot enough to evaporate. The flow of water in a liquid state to a vapor condenses into liquid. Meanwhile, if the power will come back a little water retention, as is characteristic of diabetes. Patients with diabetes is to keep blood and lymph flow smoothly requires stimulation by fire exercise. To improve water metabolism, diabetes is mitigated.

CONCLUSIONS

From the study of diabetes (Madhumeho) to the treatment of traditional Thai medicine in this. This will be useful for public health in the treatment, care and rehabilitation of diabetic patients. This is one of the ways to help ease the burden of modern medicine. By using herbal medicine. Self-care according to Thai Buddhist way, which will make the patients have better physical and mental health as well as holistic health, physical and mental health in accordance with the principle of manmade.

Diabetes (Madhumeho) study with Traditional Thai medicine in times It is also a study that does not cover the contents of traditional Thai medicine in textbooks and secondary documents. This is the next research suggestion that will broaden or broaden the scope of the study. Include the study of the comparability of symptoms with modern medicine, which can be compared with the analysis of ideas. But no effect on science is so interesting in the next study to study in clinical medicine science next.

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